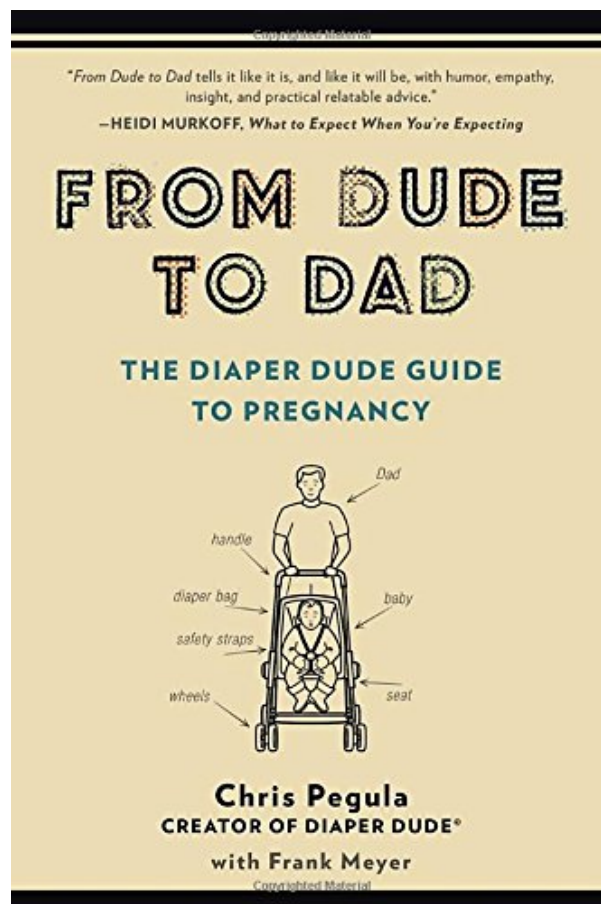


FROM DUDE TO DAD: THE DIAPER DUDE GUIDE TO PREGNANCY BY CHRIS PEGULA, FRANK MEYER



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—HEIDI MURKOFF, *What to Expect When You're Expecting*

FROM DUDE TO DAD

THE DIAPER DUDE GUIDE
TO PREGNANCY



Chris Pegula
CREATOR OF DIAPER DUDE®

with Frank Meyer

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Review

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“Offer[s] up much-needed dad advice.”

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Congrats: You're going to be a dad!
Now what?

Dude, relax; you're going to be fine. But it wouldn't hurt to get a few pointers—a road map of what lies ahead. That's what this book is for.

From Dude to Dad gives you the need-to-know essentials on pregnancy, birthing, and parenthood, and how it's okay to be scared out of your mind. You'll learn what the expecting mom is going through during each trimester, how you can be the best partner and dad-to-be, and how to immediately start bonding with baby.

Be prepared for the arrival that will ultimately change your life in the best way possible.

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- Number of items: 1
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0 of 0 people found the following review helpful.

This book really helped him get past the initial meltdown and see the joys that come with being a father (and even the potential

By Michele c.

I bought this book for my husband and we both ended up reading it. I'm a first time mom and my husband was FREAKING OUT when he found out we were going to have a baby. This book really helped him get past the initial meltdown and see the joys that come with being a father (and even the potential business opportunities - he loved that part!). Highly recommended for anyone whose husband is still a little iffy about being a father.

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Would definitely recommend. Provides a good bibliography of other resources for ...

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Very helpful for first-time dads, practical advice, anecdotal stories/experiences both particular to the author and experienced by new parents in general, and not demeaning and/or patronizing of the role or person of either parent. Would definitely recommend. Provides a good bibliography of other resources for further reading/references as well.

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Unintelligent

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The tone of the book is informal and very casual.

Better advice would be found from talking to someone you think is a great dad.

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