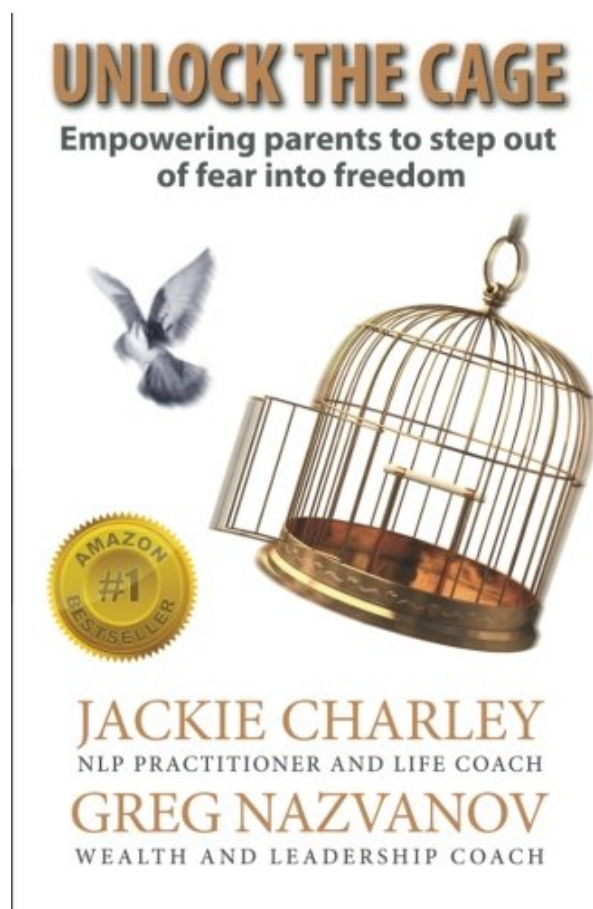


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A lot of parenting books are only concerned with modifying a child's behaviour. Unlock the Cage is different. It's about developing you, the parent. Many people assume that being a parent is such an instinctive role that there's something wrong with them if they find it a struggle. They feel they are just 'muddling along', doing the best they can without understanding why they do the things they do, or how to do them better. This book shows you how to: - Connect with your kids so they willingly include you in their world - Be confident in yourself and the choices you make - Discover the 3 essential secrets of raising a smarter child and how to prepare them for leadership - Learn how to protect your child from bullying, drugs, alcohol, media abuse and too much texting! - Teach money skills to your kids - Involve your kids in healthy, stimulating activities and have fun with them come rain or shine - Make time for yourself to discover how you can achieve your dreams in the midst of the chaos that is raising kids - and so much more! Buy the book and join the growing numbers of parents who've learned to step out of their fear into freedom.

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- Number of items: 1
- Dimensions: 9.00" h x .70" w x 6.00" l,
- Binding: Paperback
- 310 pages

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4 of 4 people found the following review helpful.

Unlock the Cage

By Sally Sutcliffe

Whether you are beginning to feel you are losing your way as a parent, or you just want to step back and think through how you are doing, this book could be a very useful first port of call. I read this and picked up some very helpful new insights, not just about how I interact with my child, but also about how I view myself. It's an interesting mix of down-to-earth practical tips and theoretical/psychological insights into the dynamics of parent-child relationships, all thoroughly backed up by in-depth research. It's also bang up to date with highly relevant sections on cyber-issues. For me its main strength is its light touch. It's written in a straightforward style with touches of humour and steers clear of value-judgements. The reader is led on a journey of self-discovery at the end of which you will feel set free to be the sort of parent you want to be.

4 of 4 people found the following review helpful.

Helpful book for understanding children of any age.

By EMH

This is an excellent book. It is very practical but well grounded in research. The author brings the text to life with personal anecdotes which enable to reader to connect with their own life experiences as well as those of

the author.

3 of 3 people found the following review helpful.

How to Parent with Confidence

By David Sinclair

What a fascinating read! This is not just, yet another parenting guide full of the authors' own pet theories. Jackie Charley and Greg Nazvanov have succeeded in producing a practical, extremely readable book which is based on research, and which seeks to offer fad-free advice to parents of children of all ages.

In their own words, they are 'passionate to see people wake up to their own potential'. I would recommend this book to everyone whose aim it is to parent from a position of empowerment and confidence.

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